

Greensborough Gossip

Greensborough Branch Newsletter

Branch No. 100133 Incorporation No. A0044936A

OCTOBER 2015

PRESIDENT'S REPORT

Dear Members,

Blue Mountains Trip:

In September, 48 members from 7 NSA branches visited the Blue Mountains in New South Wales. Instead of enduring a long road journey we decided to fly to Sydney where we were collected by our tour bus.

On our way to the Blue Mountains we stopped at Glenbrook to view the Atkins Australian in the Round Panorama, a huge painting featuring some of Australia's iconic landmarks such as the Three Sisters, Sydney Harbour, Uluru & Kings Canyon, etc. with displays of flora and fauna. Then it was on to Springwood to visit the Norman Lindsay Gallery & Museum of the famous artist, cartoonist & sculptor who lived in the cottage for most of his life and contains a collection of his famous nude paintings, sculptures and illustrations from his classic children's book "The Magic Pudding".

Our accommodation was located in the picturesque town of Leura which was central to the sights visited. "Scenic World" in Katoomba included the Scenic Rail, Scenic Skyway and Cableway – our Scenic Pass enabled us access to enjoy multiple rides on these attractions. The views of Echo Point, the Three Sisters and Jamison Valley were spectacular.

We visited the beautiful Everglades House & Gardens, the Blue Mountains Botanic Garden at Mount Tomah and Eskbank House & Museum at Lithgow.

We travelled to Jenolan Caves via the historic township of Hartley - we chose the Imperial Cave to tour which was very manageable for our cave explorers.

On the final day we travelled to Parramatta where we caught the Parramatta River Cat Ferry and enjoyed a delightful cruise to Circular Quay passing under Sydney Harbour Bridge and by the Opera House. We then spent some time around the Rocks area before boarding our bus for the airport & home.

The trip was a pleasure to be on and all members were cooperative and assisted each other. See page 6 for a photos of our group.....

2015/2016 Committee:

Our new committee has been elected for the coming year and I wish to thank those members who renominated.

I would also like to welcome 3 new members onto the committee - they are Anne & Ian Schuck and Gail Young. This takes our number up to 14.

LaTrobe University Survey:

"A National Survey on Sex and Relationships Among Older Australians"

A project team from La Trobe University has approached our branch and enquired whether members would be interested in filling in the survey. This is the first Australian study to explore the sexual health of older Australians.

All answers will be kept confidential. Completing this survey is also anonymous; you will not be asked to provide your name or address. If you are interested in participating in the survey, we have some copies available on the stage table at the branch meeting.

Regards, Bob Goodyear

INSIDE THIS ISSUE:

	Page
President's Report	1
Management Committee (2015 / 2016) Next Branch Meeting details Get Well Message / Birthday Greetings Branch Email / Website / Mailing Address	2
Coffee / Lunch / Dinner / Walking Clubs Golf Group	3
Branch / COBA Activities King Island & Norfolk Tours	4
Treasurer's Report NSA Membership payments/renewals	5
Samaratin's Purse Photos	6
Notice Board	7
Advertisers	8



Management Committee
2015/2016

**President/Activities Officer/Zone 121
Chairperson**

Bob Goodyear 9435 2529

Vice President/Activities Officer

Peter Oaten 9434 6795

Treasurer/Social Committee

Lorraine Oaten 9434 6795

Secretary / Newsletter Editor

Marlene Goodyear 9435 2529

Email: r.m.goodyear@bigpond.com

Publicity Officer/Branch Meeting Manager

David Hewett 9459 0653

Email: dfhewett01@bigpond.com

Membership Officer/Zone 121 Dep Delegate

Ken Pickett 9435 0076

Fundraising Officers

John Brook 9432 1695

Ian Schuck 9434 3839

Asst. Membership Officer/Social Committee

Marg Wood 9438 4219

Speakers Sub-Committee

Jim Kindness 9469 4469

Bob & Marlene Goodyear, Gaylynn Pinniger

Welfare Officer

Judy Harvey 9401 6752

Door Attendants/Registration

Barbara Crosling 9435 5020

Anne Scuck 9434 3839

Gail Young 9439 3601

Travel Committee:

Marg Wood - Chairperson

Bob Goodyear

Marlene Goodyear

Lorraine Oaten

Frank Beale

Ian Schuck

Branch Minute Taker - Lorraine Callow
**Speakers Gifts & Door Prizes, Coffee Club
Coordinator** - Gaylynn Pinniger
Book Exchange Coordinator - Ken Pickett
Craft Books Coordinator - Lois Williams
Branch Auditor - Tom Cleary

Next Branch Meeting

Tuesday 17 November

9.30 for 10.00 am start

Speaker
Jack Kelly

Topic
"Music in its many forms"



To members who are unwell or recuperating, your friends at the Greensborough Branch are thinking of you and send best wishes for a speedy recovery.

(If you know of any member who is unwell, please contact our Welfare Officer, Judy Harvey, on Tel: 9401 6752 or by email: judyh43@tpg.com.au



To those celebrating a birthday this month



**Greensborough Branch
Email, Website, Mail
Zone Website**

Greensborough Branch Email Address:
greensboroughnationalseniors@gmail.com

Greensborough Branch Website:
www.greensboroughnationalseniors.com.au

Mailing Address:
Box 838, Macleod Post Office, Macleod 3085

Zone Website:
www.vicbranches.org.au

COFFEE CLUB



Wed 4 November - 10.00 am

Red Door Cafe

3 Link Street (off Dunne Street)
Kingsbury

Tel: 9078 9725

Coordinator:

Gaylynn Pinniger - Tel: 9458 2603

DINNER CLUB



Saturday 7 November - 6.30 pm

The Meadows

Greyhound Racing Association
80 Northcorp Blvd
Broadmeadows (Mel Ref: Map 7 E9)

Cost: \$45.00/pp

Package incl: 3-course Buffet Dinner starting from 6.30 pm. Free admission, parking, Meadows Racing Guide. Gates open at 6.00 pm. 1st Race at 7.10 pm.

Confirmation & full payment needs to be made one week prior to the night, so could you please make your payment to Bev Sharp at the October Branch meeting.

Contact: Bev or John Sharp
Tel: 9465 4128 Mob: 0431 255 512

Seeking Golfers (Good & Bad)



A group of Greensborough branch members are now playing golf on the 1st Monday of each month commencing at 9.00 am at Strathallen Golf Club, 100 Main Drive, Bundoora.

Cost for 9 holes - \$16.00/pp for Seniors

If you are interested in joining us for a game you would be most welcome

For further information - please see Ian Schuck at branch meetings or phone him on 9434 3839

Walking Club



Walkers meet weekly at **9.30 am** on the following days & at various venues

Most Tuesdays (except on a Branch Meeting day when the group walk on the Wednesday):

Meet at the Henry Street end of Greensborough Memorial Park.

1st Tuesday of the month:

Meet at Kalparrin (opp. Skateboard rink).

Last Tuesday of the month:

Meet at Bottom Car Park, Lower Plenty Hotel, Main Road, Lower Plenty.



Confused??? ...

Contact Coordinator:

Ken Pickett - Tel: 9435 0076

Low Impact Walking Club



NOT UP TO HILLS?

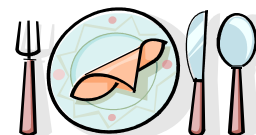
Walkers meet Tuesdays at **9.30 am** at **Willinda Park Athletics Track**, end of Nell Street, Greensborough (except on Branch meeting days when the group walk on Wednesdays).

On the last Tuesday of the month the group meet at **9.30 am** at the **Lower Car Park, Lower Plenty Hotel** for a gentle walk.

Coordinator:

Margaret Lloyd - Tel: 9404 3393

LUNCH CLUB



Thu 12 November - 12.00 noon

Vorea Café @ University Hill

240 Plenty Road
Bundoora (cnr of Graduate Road)
Tel: 9467 4799

Contact: Jane Fisher

Tel: 9437 7321 / 0408 129 914

RSVP: Mon 9 November

UPCOMING BRANCH EVENTS



Branch & COBA Activities

Reminder to members:

A deposit of \$20.00/pp is now required when placing your name on an activity list.

Thursday 22 October: Mystery Tour

Incl bus and scenic train, morning tea, sausage sizzle lunch. Time: 8.00 am—5.00 pm. Cost: \$54.00/pp (based on 40-48 passengers).

Monday 30 November: Xmas Lunch at William Angliss Catering School, 555 Latrobe Street (COBA)

Incl 3-course Xmas Lunch. Own transport. Time: 12.00 noon-3.00 pm. Cost: \$36.00/pp.

Tuesday 8 December: Branch Xmas Dinner Dance

Incl 3-course Dinner. Entertainment. Theme this year will be "International". Costume dressing is optional. Venue doors open at 6.00 pm for a 6.30 start. Cost: \$35.00/pp.

August/September 2016: Seven Day Tour of Eastern Victoria

Please page 9 of this newsletter for details of this proposed COBA tour next year. We would appreciate it if you would fill in the slip at the end of the page and return to either Peter or Bob so that we can gauge interest and numbers.

For bookings see: Peter Oaten at Branch meetings or Tel: Peter on 9434 6795 / Bob Good-year on 9435 2529.

KING ISLAND – NOVEMBER 2015 **NORFOLK ISLAND – APRIL 2016**



King Island Tours:

We have booked 2 separate tours dates - **18 to 21 and 22 to 25 November 2015**. Not everyone will be staying at the same place but all are within walking distance of each other in the village. We will be picked up and returned each day to our own accommodation.

We will be flying Rex Airlines from Tullamarine in a Saab 33 seater. If you have any questions please contact marg.wood@myshercon.com or phone 94384219.

Deposits have been paid. **Final payment of is due by 7 October 2015.**

You will have received an email regarding departure details, luggage requirements, etc. If you have not received this email please let Marg Wood know immediately.

*** Norfolk Island Tour:**

10 to 18 April 2016. Cost: \$2895/pp. incl airfares. Single supp: \$675/pp.

Deposits have been paid. Balance of monies due no later than our Branch meeting on 19 January 2016.

Booking forms should be returned to Ian Schuck no later than 20 October branch meeting. Contact Ian on Tel: 9434 3839 or 0421 062 894 if you have any queries.

PLEASE NOTE:

- * You will need a current Australian Passport or a valid document of Identity.**
- * Norfolk Island is not covered by Medicare. Travel Insurance is highly recommended.**



TREASURER'S REPORT

Lorraine Oaten

Balance as at 01/09/2015		27,082.84
Plus Income		
Mystery Tour	1,192.00	
Xmas Dinner Dance	625.00	
William Angliss	1,800.00	
Attendance	234.00	
NSA Grapevine Credits	16.00	
Raffle	150.00	
Total:		
Less Expenditure		4,017.00
Gossip Printing July/August/September	-271.60	
Jo Jo's Agency/Xmas Entertainer Deposit	-74.25	
Refunds Blue Mountains	-4,006.00	
Donation Bus Driver Jenolan Caves	-50.00	
Donation Old Colonists Association	-1,000.00	
Donation Banksia Palliative Care	-1,000.00	
Donation Y Singers	-100.00	
Fund Raising Raffle	-50.00	
Consumer Affairs Registration	-54.40	
Total:		-6,606.25
Balance as at 30/09/2015		24,493.59

NOTE FROM OUR TREASURER

Members please note: The Greensborough Branch earns 'Grapevine' credits of \$3.00 for every person who pays their membership (new or renewal) through the Branch via the Treasurer. Payments can be made by cash, cheque or credit card.



NSA Melbourne Investment Discussion Group

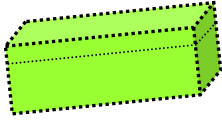
NSA members are welcome to join this friendly group meets on the 2nd Thursday of the month at 10.00 am to listen to a guest speaker from the financial world followed by a lively Q&A session and then morning tea.

The next meeting is on Thursday 12 November at 10.00 am. It is held in the Hayden Raysmith Room on 4th Floor of Ross House in Flinders Lane (near the Melbourne Library).

You can attend two sessions for free as a visitor - then if you wish to become a member of the group the cost is \$7.00/yearly membership, plus \$3.00 a meeting (to pay for the room rental/morning tea, & a free Christmas party).

A Facebook page for this group has been started - you do not need to be on Facebook to access it:

<https://www.facebook.com/Melbourne-Investment-Discussion-Group-1614714902144093/timeline/>



Samaritan's Purse — Operation Christmas Child

Hi members: I am again working for Samaritan's Purse where we collect small gifts to fill shoe-boxes that are sent to needy children overseas.

You can donate items of clothing, toiletries, toys, stationery, etc. keeping in mind that sweets, breakables, liquids (e.g. hand cream, sunscreen), playing/swap cards and anything like a gun cannot be sent. All items should be **new**. Some examples are exercise books, pens, pencils, sharpeners, rubbers, wrapped soap, face washers, toothbrushes, t-shirts, shorts, thongs, sunglasses, all sorts of toys, especially balls.

If you would like to fill a box this would be very welcome too — the box should be a standard shoe box size so everyone is treated equally. *We are also looking for empty shoe boxes.*

Items and boxes can be brought along to Branch meetings until October, or if you cannot get to a meeting I can arrange collection from you up until 31 October. I can be contacted on Tel: 9467 3771.

Thanking you in anticipation.
Dianne Klein, Branch Member



The group photo of our September Blue Mountains tour had to be split in two to fit on the page.

At our September AGM cheques of \$1000.00 were presented to each of our two charities - Leith Park Nursing Home and Banksia Palliative Care Service. See below Rob Goodyear (centre) with Kim D'Angelis (Leith Park) & Tim Paul (Banksia).



NOTICE BOARD



Are you planning to visit Thailand?

Member, **Marg Wood - Tel: 9438 4219**, is a regular visitor to Thailand and would be happy to advise you on:

- **The best shopping places.**
- **Where to buy tailor-made suits.**
- **Pitfalls for tourists.**
- **The wonderful, exciting experiences you can have.**

A must visit is to Kanchanaburi (the Thai Burma railway, the Bridge on the River Kwai, tigers living with monks, elephant rides & beautiful scenery).

Do not pre-book a tour from Australia for Kanchanaburi - you can do so much better if you deal directly with a local travel agent.



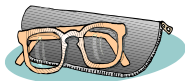
Are you interested in knitting children's garments or maybe toys?

Member, **Brita Daly**, collects knitted children's garments/toys.

If you no longer knit, but have unused wool at home, Brita would be happy to take this off your hands as she can give this to her knitters.

Items can be collected at Branch meetings, or you can contact Brita on **Tel: 9435 2816**.

(Don't forget you can always borrow one of the knitting books from the Craft Book Exchange!)



Spectacles & Sunglasses

The Fred Hollows Foundation uses second-hand spectacles and sunglasses to improve the sight of people in deprived communities in our Far North & Australian Islands.

You can assist by bringing along no-longer-used specs/sunglasses. *Cases for specs/sunglasses are also needed.*

Member, Lorraine Callow, will be happy to collect them at Branch meetings.

BOOK EXCHANGE & CRAFT BOOK EXCHANGE

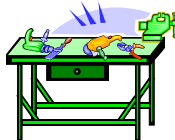


We operate a **Free Book Exchange** on Branch Meeting days. We ask only that you return the books to the Branch when you have finished reading them so that other members may have the opportunity to borrow the books.

(Tables are set up at the rear of the function room.)

Coordinators for this activity are:
Ken Pickett — Book Exchange
Lois Williams — Knitting/Craft Patterns

Members, please bring along your unwanted books.



Banyule Men's Shed

Do you know men with spare time and skills to share?
Men who enjoy tinkering with tools or getting their hands dirty in the garden?
Well, the Banyule Men's Shed is looking to recruit men to volunteer and be part of the shed.

At the shed, you're free to work on your own projects or help others work on community projects.
To get involved or find out more: **Call 9450 2000 or drop in any Monday 1.00 - 3.00 pm**
Cnr St Hellier & Edwin Streets, Heidelberg Heights



Anyone for Tennis?

If you would like to play social tennis in a very relaxed atmosphere on a Monday morning, between 9.30 am — 12 noon, please see **Glenda Sundstrom (Tel: 9435 4755)** or just turn up (weather permitting) at about 9.30 am for a game. The only criteria is that correct tennis shoes must be worn. The cost is \$3.00 per morning (incl a cuppa & biscuit).

The courts are located at the rear of the **Diamond Valley Baptist Church, 309 Diamond Creek Road, Plenty (Melways 11D7)**.

Garden Workshop Bunnings Eltham



Members are invited to attend the Bunnings Garden Workshop held in their Eltham store on 1st Thursday of the month at 10am - 12.00 noon. There is free morning tea. The topics are interesting and informative, with guest speakers and everyone has a lot of fun.

Bookings are required, for catering purposes - please contact: **Helen Philp - Activities Organiser on Tel: 9430 0100**.

ADVERTISERS



Electrical Services

Ben Wescott

Safe & Reliable Electrician
Domestic & Commercial

Power, Lighting, TV/Tel/Computer Points, Smoke Alarms, Energy Audits, Safety Checks & Switches, New Homes, Renovations, Airconditioning, Heating, Test & Tag

Tel: Mob 0433 314 610 REC No. 22743

NOTE: Ben is currently offering 20% discount off Switchboard upgrades



W & J Painters & Decorators

Providing painting & maintenance services for over 35 years
Painting interior/exterior
Handyman services

**Call for free quote: Wayne Keenan
0411 883 569**

ACL Plumbing

Our Services Include:

Maintenance & Repairs	Leaking Fixtures
Burst Pipes	Gas Leaks
Blocked Drains	Hot Water Services
Water Tanks	Appliance Installation
Emergency Service	Storm Water Drainage
Roofing Repairs	Quality of Workmanship

Contact: Andrew Leeson - Mob: 0418 585 116
Email: service@aclplumbing.com.au
www.aclplumbing.com.au



Garage Doors

***REPAIRS *SERVICE *SALES**

Remote control your existing or new Garage Door
Roll-A-Door Tilt-A-Dor Panelift

Over 30 years experience in the industry

Contact: Tony Ross
Mob: 0438 342 122 / After Hrs: 9434 2122



Old Colonists' Association of Victoria

is a charity serving elderly Victorians needing affordable, safe & dignified independent community living, together with appropriate & practicable continuing care.

Our Estate at 339 St Helena Road, St Helena has an 81 bed Residential Aged Care Facility, including 1 Respite Room.

Our facility "**Liscombe House**" comprises three sections:

- **Liscombe Wing** - 39 rooms
- **Currie Wing** - 22 single rooms, 4 double rooms located within a totally secure unit
- **Anne Jeffery Wing** - 12 rooms (Dementia specific) located within a totally secure unit

For all enquiries please contact: Residents' Coordinator - Karen Ernest on 9433 1100

7-Day Tour of North East Victoria “Lakes & High Country” - 2016

For our 2016 COBA extended tour the committee is investigating a tour of North Eastern Victoria – “Lakes & High Country”. The tour visits the following areas Albury/Tallangatta, Hume Weir/Darmouth, Rutherglen Wineries/Corowa/Yackandandah, Corryong/Khancoban, Myrtleford/Bright/Mount Beauty and Beechworth.

We will be picked up and dropped off at the Albury Railway Station; therefore we will need to use our Seniors Free Rail Passes to travel to & from Albury.

Accommodation will be at the Tallangatta Motel and daily excursions will leave from this venue. The tour includes bus touring each day, all meals - full breakfasts & dinners at the motel (with one dinner at the Albury Commercial Club), lunches, plus morning & afternoon teas.

As 35x is the maximum number that can be accommodated at the motel, we have tentatively booked 3 x 7-day blocks in September/October.

Cost will be \$595.00/pp, plus the use of a Rail Pass. Single supplement is \$90.00/pp, however there are limited single rooms available.

To keep the reservations we made at the motel we need to have an indication of how many members would be interested in attending this tour.

We would appreciate it if you could fill in the form below and return this to either Peter Oaten or Bob Goodyear as soon as possible.

-----**PLEASE TEAR OFF HERE**-----

**I am interested in attending the North Eastern Victoria “Lakes & High Country”
tour**

NO OF PERSONS: _____

NAME/S: _____
(Please Print)

SINGLE SUPPLEMENT: _____

PHONE NO: _____